

June 2026

SEEDL LEARNING PROGRAMME

VIEW ALL OUR LIVE COURSES SCHEDULED THIS MONTH.

To register to any of the above courses click the register now button or scan the QR code.



REGISTER NOW





Monday June 1, 2026

11:00am - 11:20am	Stress Management
11:30am - 11:50am	Money Saving Tips
12:30pm - 1:30pm	Mentoring
2:00pm - 3:00pm	Understanding How to Manage and Prevent Burnout

Tuesday June 2, 2026

9:30am - 10:30am	Dealing with Challenging Customers
12:30pm - 1:30pm	Learn to Manage Time Effectively
2:00pm - 3:00pm	Communicating with Confidence in Projects
3:30pm - 3:50pm	Understanding ESG: A Short Guide
4:00pm - 4:20pm	How to Improve Cash Flow Fast

Wednesday June 3, 2026

9:30am - 10:30am	Client Complaint Resolution – Part 1
11:00am - 12:00pm	People Skills for Project Success
12:30pm - 1:30pm	An Introduction to Mindfulness
2:00pm - 3:00pm	Problem Solving: Effective Approaches
3:30pm - 4:30pm	How to Conduct an Effective Interview

Thursday June 4, 2026

9:30am - 9:50am	Balance
10:00am - 10:20am	AI and Its Practical Use in Business
11:00am - 12:00pm	How to Be an Effective HR Business Partner
3:30pm - 4:30pm	Making the Case for Your Project

Friday June 5, 2026

11:00am - 12:00pm	Effective and Active Listening
12:30pm - 1:30pm	Understanding Personal Tax Returns
2:00pm - 3:00pm	How to Set Objectives and Performance Standards



Monday June 8, 2026

9:30am - 9:50am	Unravelling Crooked Thinking in Everyday Life
10:00am - 10:20am	AI in Office 365
11:00am - 12:00pm	Presentation Skills
12:30pm - 1:30pm	Creating a Robust Onboarding Process for New Hires
2:00pm - 3:00pm	Bullying and Harassment

Tuesday June 9, 2026

9:30am - 10:30am	Conflict of Interest
11:00am - 12:00pm	Stakeholder Management
12:30pm - 1:30pm	Transitioning to a Leader
2:00pm - 3:00pm	Influencing Skills

Wednesday June 10, 2026

9:30am - 10:30am	Ask the Experts - Sales: High-Volume Velocity vs Long-Term Value
11:00am - 12:00pm	Ask the Experts -Leadership: A Live Leadership Panel & Q&A
12:30pm - 1:30pm	Ask the Experts - Project Planning: From Good Intentions to Clear Delivery
2:00pm - 3:00pm	Ask the Experts - Workplace Mental Health: Supporting People Without Overstepping

Thursday June 11, 2026

9:30am - 10:30am	Ask the Experts – Compliance: The Rules vs the Reality
11:00am - 12:00pm	Ask the Experts – AI Battle of the Bots
12:30pm - 1:30pm	Ask the Experts – Workplace Communication: Email, Meetings and Conversations That Work

Friday June 12, 2026

9:30am - 9:50am	Guided Meditation - Meditation I Can't Meditate!
10:00am - 10:20am	A Professional Comparison of Gemini, Copilot and ChatGPT
11:00am - 12:00pm	How to Engage and Understand Others
12:30pm - 1:30pm	Mentoring
3:30pm - 3:50pm	Effective Questioning Techniques
4:00pm - 4:20pm	Hints & Tips on Conversation Styles for Leaders



Monday June 15, 2026

- 11:00am - 11:20am Top Tips for Managing Your Inbox More Efficiently
- 11:30am - 11:50am Effective Project Communication
- 12:30pm - 1:30pm Understanding How to Manage and Prevent Burnout
- 2:00pm - 3:00pm Managing the Probation Process
- 3:30pm - 4:30pm An Introduction to the Employment Rights Act

Tuesday June 16, 2026

- 8:00am - 9:00am How to Conduct an Effective One to One Meeting
- 9:30am - 10:30am Leading Change in Everyday Work
- 11:00am - 12:00pm Understanding Andropause: The Male Menopause
- 12:30pm - 1:30pm Power BI Desktop Part 2: Relationships & Calculations
- 2:00pm - 3:00pm Power BI Desktop Part 3: Creating an Interactive Dashboard
- 3:30pm - 4:30pm How to Manage and Organise Your Inbox

Wednesday June 17, 2026

- 9:30am - 10:30am Leading by Example
- 11:00am - 12:00pm General Data Protection Regulation (GDPR)
- 12:30pm - 1:30pm Hints and Tips Part 7
- 2:00pm - 2:20pm Competency Based Interviewing
- 2:30pm - 2:50pm 10 Tips for Gemini
- 3:30pm - 4:30pm Developing Your Personal Brand

Thursday June 18, 2026

- 9:30am - 10:30am Why Projects Fail (And What to Do About It)
- 11:00am - 12:00pm Charts Part 1
- 12:30pm - 1:30pm How to Conduct an Effective Interview
- 2:00pm - 3:00pm Hints and Tips Part 5

Friday June 19, 2026

- 9:30am - 9:50am Why is Selling, Not Really Selling?
- 10:00am - 10:20am Making Tax Digital
- 11:00am - 12:00pm Crisis Management & De-escalation
- 12:30pm - 1:30pm Mental Health Essentials for Managers
- 2:00pm - 3:00pm Negotiation Techniques
- 3:30pm - 4:30pm Working Effectively as Part of a Team



Monday June 22, 2026

- 9:30am - 10:30am ESG: An Introduction to Understanding Climate Change
- 11:00am - 12:00pm How to Set Objectives and Performance Standards
- 12:30pm - 1:30pm Hints and Tips Part 2
- 2:00pm - 3:00pm Effective Verbal Communication
- 3:30pm - 3:50pm Virtual Project Management
- 4:00pm - 4:20pm Understanding Sexual Harassment in the Workplace - A Short Guide

Tuesday June 23, 2026

- 9:30am - 10:30am How to Communicate Effectively Through Email
- 11:00am - 12:00pm Lead Project Meetings with Confidence
- 12:30pm - 1:30pm Agile Made Practical
- 2:00pm - 3:00pm Anti-Money Laundering
- 3:30pm - 4:30pm An Introduction to the World of ESG: Environmental, Social and Governance

Wednesday June 24, 2026

- 9:30am - 9:50am Walking Workout
- 10:00am - 10:20am 10 Tips for Copilot
- 11:00am - 12:00pm Proving Value to Your Customers
- 12:30pm - 1:30pm Cyber Security Essentials
- 2:00pm - 3:00pm Promoting Diversity and Respect Through Language
- 3:30pm - 4:30pm Train the Trainer

Thursday June 25, 2026

- 11:00am - 12:00pm How to Be an Effective HR Business Partner
- 12:30pm - 1:30pm Assertiveness
- 2:00pm - 3:00pm Command the Room - Communicate with Presence and Purpose
- 3:30pm - 3:50pm Telephone Techniques
- 4:00pm - 4:20pm Virtual Leadership - Hints & Tips

Friday June 26, 2026

- 9:30am - 10:30am Braver, Not Louder: Building Authentic Confidence
- 11:00am - 12:00pm Sexual Harassment in the Workplace
- 12:30pm - 1:30pm Speak Up with Impact
- 2:00pm - 3:00pm Interviewing with Confidence